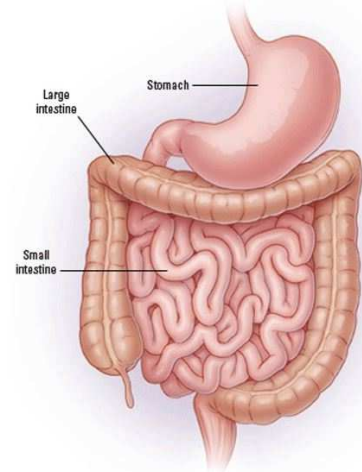


# Heal Within Total Health Detoxification Program

## Colon Detox

(Excrete the old fecal matter in the colon)



The colon is the last part of the digestive system that extracts water and salt from solid waste before they are eliminated from the body. It is also a site where fermentation by the bacterial on unabsorbed material takes place. Benefits of colon detoxification:

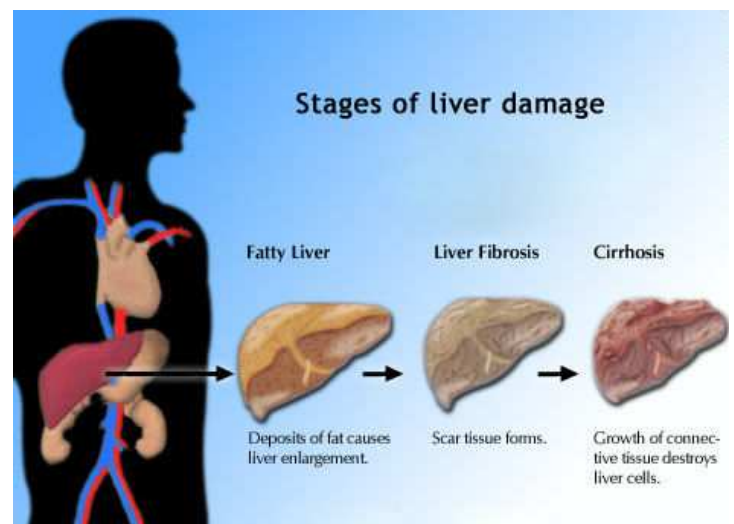
- Makes the digestive system more effective
- Maintain regularity and prevents constipation
- Increases body's absorption of nutrients
- Weight loss
- Decreases risk of colon cancer
- Reduce toxin absorption into body

## Liver Detox

(To excrete out the Toxin)

The liver is the largest glandular organ (organ that secretes chemicals) that performs up to 500 vital functions. It keeps the body pure by detoxifying toxins and harmful substances in our body and also fat metabolism. Benefits of liver detoxification:

- Hormonal health improves
- Improves cardiovascular function
- Prevent premature aging
- Strengthen immune system
- Improves digestion
- Better skin complexion
- Lessen aches and pains
- Decrease risk of liver disease

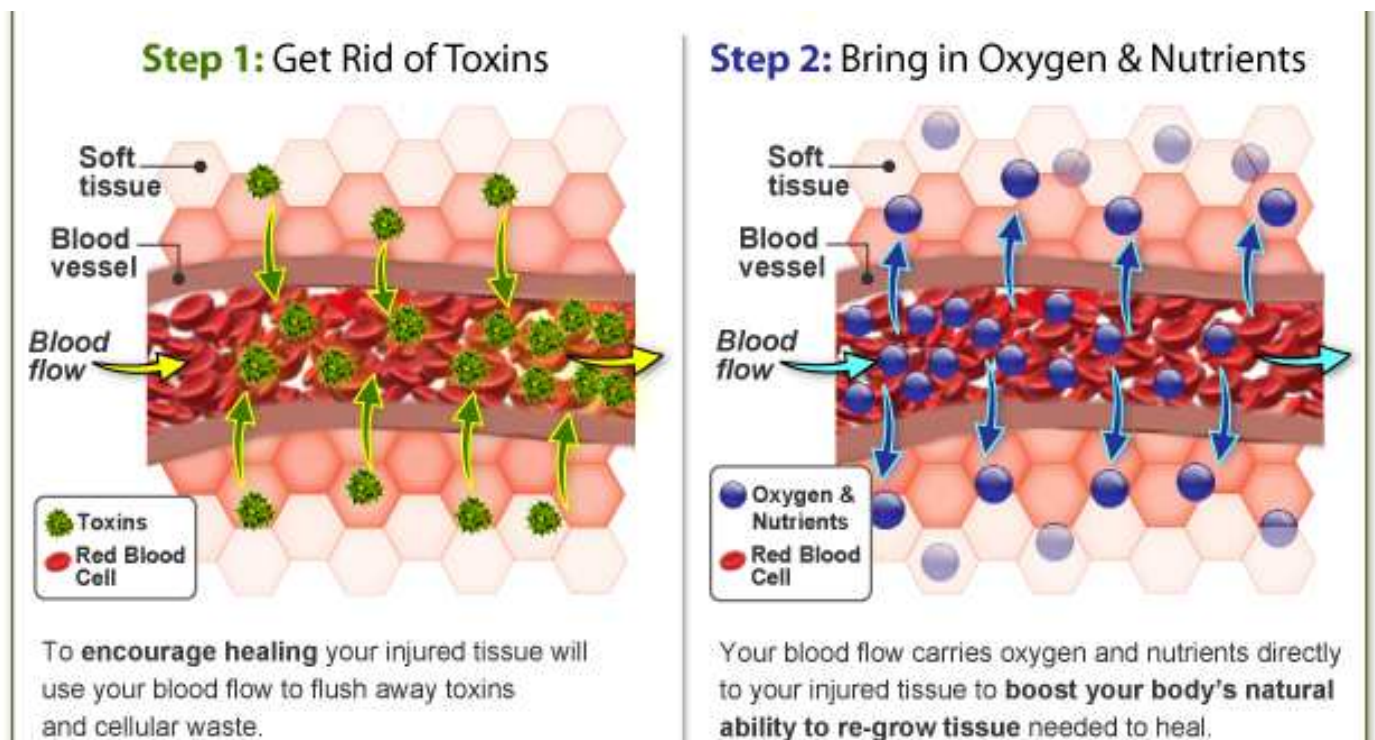


# Blood Detox

(To remove Toxin from blood stream)

An average adult has approximately 5 liters of blood in the body that supplies continuous oxygen and nutrient to the cells and tissue as well as remove waste from them. Other than that, it also acts as a barrier of protection toward pathogens and also self-repairs mechanism (blood clotting). Benefits from blood detox:

- Improves blood circulation
- Removes toxin from blood stream
- Neutralize excess acidity
- Reduce risk of certain cancer



# Sweat & Cellular Detox

(To excrete toxin through sweating)



**Blood Alkalizer & Detox Drink**

<p>Toxins in our body does not only being excrete through our blood and urine but also present in our sweat.</p> <p>By using the technology of Medical Grade Far Infrared Heat, it penetrates into our fat layer under your skin and our pores can be opened up and toxin can be eliminated.</p> <p>As our body heats up the blood vessels open, improving oxygen circulation in all of our cells and thus toxins stored in our fat layers are released.</p> <p>It also promotes metabolism in the cells because whenever you have more oxygen going to the cells, they burn calories more efficiently, just like with exercise.</p> <p>Approximately 20% of the toxins come out in sweat while the other 80% moves into the blood.</p>	<p><b>Blood Alkalizer &amp; Detox Drink</b> <b>Our Clinic SPECIAL drink before the Sweat &amp; Cellular Detoxification</b></p> <p><u>Benefits:</u></p> <ol style="list-style-type: none"> <li>1. Nutritional Therapy</li> <li>2. Increase body detoxification</li> <li>3. Increase cell repair</li> <li>4. Increase your body all the nutrition absorption</li> <li>5. Revitalise body cell</li> <li>6. Balance the charges in the body</li> </ol>
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*Burn up to 600 Calories and clear off hidden body toxins!*

**Pricing:**

- 1 Pax - RM80 per session
- 2 Pax - RM120 per session

**Special Package:**

- a. BUY 10 sessions FREE 1 session
- b. BUY 20 sessions FREE 3 sessions
- c. BUY 30 sessions FREE 7 sessions