

Integrated Health Screening

“Your blood cholesterol level is normal. Don’t worry, do come back next year for annual check up.”

Does this sound familiar to you? Some people keep doing health check up year by year but end up with terminal illness 10 years down the road. Why is this happening? To answer this question, lets ask ourselves back. Why do we do health check up in the first place? Is it because we want to detect risk of diseases early as to do the prevention, or do we want to simply know if we are still below the borderline and have to wait until the red signal really flag out?

Disease can be detected early if the medical practitioners help you to investigate the right parameters. However, this can only be done if the check-up is comprehensive as to pick up informations and solve the puzzles. Below are some of the test that you could take that can prevent you develop any of these diseases:



